When the time comes, CSQ members can join the Association des retraitées et retraités de l’enseignement et des autres services publics du Québec (AREQ-CSQ).

The AREQ-CSQ consists of more than 58,000 members across Québec who work to defend the rights of retirees. From the purchasing power of retirees to their social and civic engagement, living conditions and health services, the AREQ-CSQ is at the centre of social debates affecting seniors.

AREQ-CSQ members represent a force for society by getting involved in issues such as the status of women, the needs of senior men, protecting the environment, the battle against tax havens, and even electoral reform. The AREQ-CSQ also organizes enriching activities across Québec, such as conferences on current issues or social activities.

We retire from our work, but never from our convictions!
THE GROUP INSURANCE PLAN

The AREQ-CSQ is the only association that offers a group insurance plan to retiring persons, their spouses, and their dependents.

Retiree members of the AREQ-CSQ are covered by the ASSUREQ insurance plan, without proof of good health, if they join within 90 days of taking their retirement.

✔ This group insurance plan consists of: a group health insurance plan that offers two levels of protection (Health and Health Plus) and includes travel insurance with assistance, cancellation insurance, and many other complementary health-related protections;

✔ A group life insurance plan for members and their dependents.

ADDITIONAL BENEFITS

The AREQ-CSQ also allows CSQ retirees to maintain their RésAut coverage (car and home insurance). Plus, the association offers members a host of other benefits and discounts, notably for transportation, lodging, fitness, health, and wellness.

Exclusive to the CSQ, these group insurance plans are offered at very affordable rates. A benefit that’s worth its weight in gold!

To learn more: areq.lacsq.org

THE FONDATION LAURE-GAUDREault

To achieve a part of its social mission, in 1990, the AREQ-CSQ established the Fondation Laure-Gaudreault as a way to help the following through donations:

✔ retirees in need
✔ medical research on illnesses that affect seniors
✔ registered youth charities or young people in need

The Fondation covers all of Québec. It has a 2-tier structure: provincial and regional.

To learn more: fondationlg.org.